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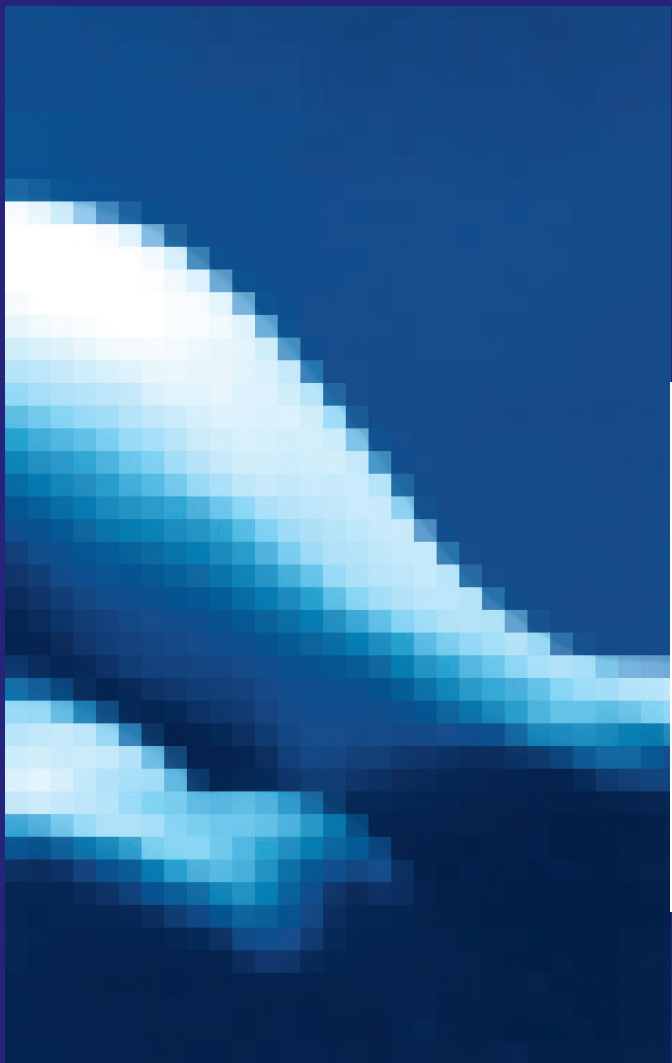
SOAIDS

This leaflet is a Soa Aids Nederland publication, financially supported by GlaxoSmithKline. It is part of the information leaflet *Sexually Transmitted Infections, Prevention – Testing – Treatment*. Read both of them to be fully informed. For more information on STIs and safer sex, the AIDS STI Infoline (tel. 0900-2042040 or infolijn@soaids.nl) is available 24 hours a day. You can also go to our website: www.soaids.nl.



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Trichomoniasis

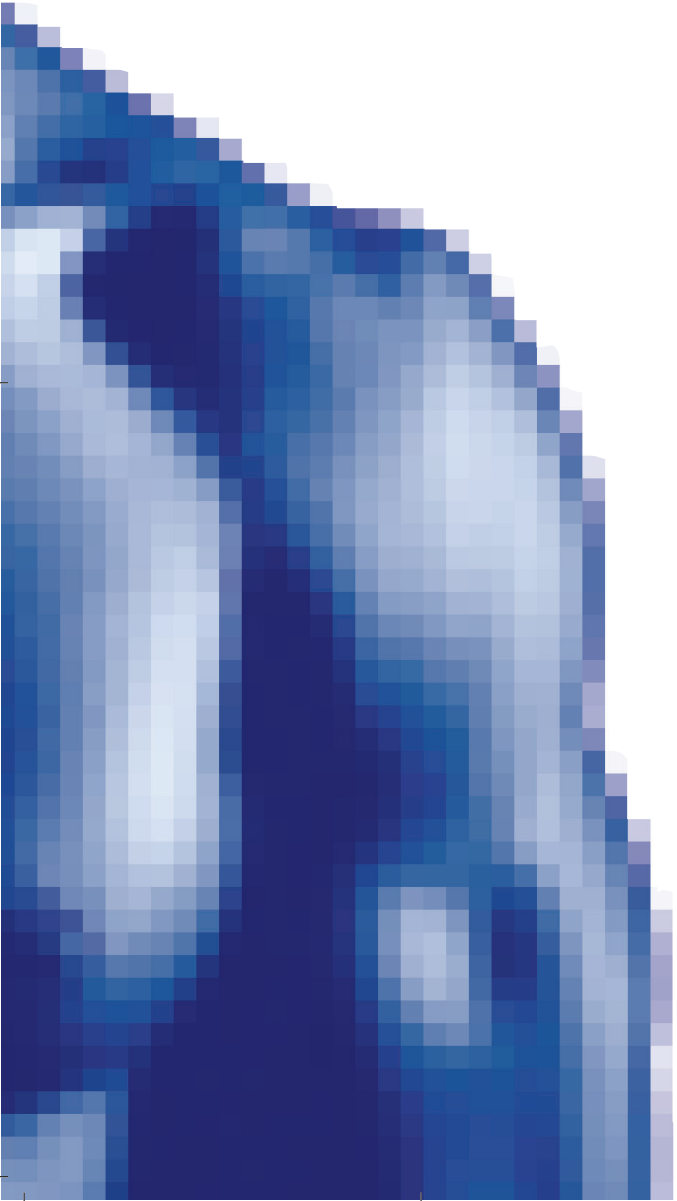


SOAIDS

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Trichomoniasis

A trichomoniasis infection is an STI (sexually transmitted infection) that is not serious and can easily be treated. Women are affected more commonly than men. You may have a trichomoniasis infection for a long time without having any clear symptoms.



Symptoms in women

In women, a trichomoniasis infection can cause inflammation of the vagina, with a copious, milky discharge. The discharge may also be frothy and smell unpleasant. The labia and the inside of the vagina may be red, swollen and painful. This may make urination painful. Symptoms may sometimes be very mild and then suddenly increase with a menstrual period.

Symptoms in men

Men usually notice little or nothing of a trichomoniasis infection. There may sometimes be a slight discharge from the urethra first thing in the morning. The tip of the penis (glans) and the skin surrounding the urethral opening may also be irritated. You may have a burning sensation when urinating.

Tests

To diagnose a trichomoniasis infection, the doctor does a swab test of the places that may be infected. The doctor will in principle also carry out additional test to exclude other sexually transmitted infections.

Treatment

Treatment consists of a single dose of tablets. It is important to follow the doctor's instructions carefully. You should not drink any alcohol on the day of treatment. Your partner(s) should also be examined and, if necessary, treated, even if they have no symptoms. It is better to abstain from sex during treatment. In this way you can prevent you and your partner(s) from continually re-infecting each other. If you nevertheless wish to have sex, use a condom.